15th Annual Congress Advancing Dysphagia Care: Innovations and Best Practices 7 - 11 October 2025 | Athens, Greece www.essd2025.org

Pre-Congress course - Tracheostomy 2025

Equipment provided by course faculty – tracheostomy tube samples, tracheostomy TOM models Faculty – Sarah Wallace, Julie Regan, input from Louise Edwards, Laura Baijens, Anna Miles

Day 1

Tuesday 7th October

TIME	TOPIC	CONTENT	LEAD
8.30-9.15	Introduction	Introductions, discuss experience, barriers, aims of the course individual goals	Sarah Wallace
9.15-10.30	Psychosocial impact of tracheostomy and Humanisation	Importance of talking and swallowing	Sarah Wallace
10.30-10.45	BREAK		
10.45-11.15	Discussions on the impact of tracheostomy on patients and families	Participant examples, cases	Sarah Wallace
11.15-12.30	FEES in tracheostomy management & decannulation	What problems we see with the larynx and swallow, benefits of FEES, cases	Sarah Wallace
12.30-1.30	LUNCH		
1.30-2.30	Secretion management	Clinical assessment, case study, management options – medications, therapy	Julie Regan
2.30- 3.30	Tracheostomy weaning and decannulation management	Approaches, protocols	Julie Regan
3.30-3.45	BREAK		
4.00-4.30	Wrap up discussion	Learning points, reflections	JulieRegan/Sarah Wallace

Day 2

Wednesday 8t^h October

TIME	ТОРІС	CONTENT	LEAD
08.30- 09.15	Early interventions and vocalisation part 1	One-Way valves, Leak speech, evidence, troubleshooting	Sarah Wallace
09.15- 10.00	Early interventions and vocalisation part 2	ACV – evidence, indications, troubleshooting, latest research	Sarah Wallace
10.00- 10.15	BREAK		
10.15-	Clinical case studies - assessment	Discuss in 3 groups 3 cases across a range of	Julie Regan
11.15	through treatment	settings/populations	ALL
11.15- 12.00	Paediatrics	Paediatric management of tracheostomy	Louise Edwards
12.00-	Implementation of Interdisciplinary	Facilitating MDT working and benefits for	Sarah Wallace
12.30	tracheostomy management	tracheostomy care	
12.30-1.30	LUNCH		
1.30-2.15	ENT perspective		Laura Baijens
2.15-4.00	International perspectives on tracheostomy care	Feedback on international survey. Discuss challenges and how to drive tracheostomy care forward	Anna / Sarah / Julie ALL
4.00-4.30	Conclusions and future plans	Take home learning, reflect on goals, set an implementation plan	Anna Miles, Sarah Wallace, Julie Regan ALL