

Nestlé Health Science at the 15th Annual Congress of the ESSD

Athens, Greece, October 9, 2025

Dear Esteemed Participant of the 2025 ESSD Congress,

As a Global Leader in nutrition science, Nestlé Health Science collaborates with healthcare professionals to provide nourishment for people needing additional care, address nutritional deficiencies, and offer innovative products designed to promote a healthier future, empowering individuals to achieve optimal health.

We are pleased to extend an invitation to you for our **Satellite Symposium** at the 15th Annual Congress of the **European Society of Swallowing Disorders**. Distinguished experts will address the challenges related to Dysphagia, Malnutrition, and Sarcopenia in Older Adults. We also warmly encourage to visit our booth for further insights and discussions.

NESTLÉ HEALTH SCIENCE SATELLITE SYMPOSIUM

We would like to invite you to join us on **Thursday, October 9th**, in Athens. Experience presentations from internationally recognized experts and leaders in the field, and participate in essential discussions on these significant topics. Please find the program outlined below.

Navigating the Challenges of Dysphagia, Malnutrition, and Sarcopenia in Older Adults

09
October'25



12:00-13:00h
Athens, Greece

WELCOME & INTRODUCTION

Prof Julie Regan, MSc PhD.

Associate Professor in Speech and Language Pathology in the Department of Clinical Speech and Language Studies. Trinity College, Dublin. Ireland. Vice President ESSD.



PRESBYPHAGIA: UNDERSTANDING AGE-RELATED SWALLOWING CHANGES IN OLDER ADULTS

Prof. Julie Regan, MSc, Ph.

EXPLORING THE INTERPLAY OF SARCOPENIA, MALNUTRITION, AND DYSPHAGIA: IMPLICATIONS AND INTERVENTIONS

Prof. Elisabeth De Waele, MD, PhD.

Head of Clinical Nutrition Department Universitair Ziekenhuis Brussel, Belgium.



PANEL DISCUSSION

NESTLÉ HEALTH SCIENCE BOOTH

Visit our booth to discover our screening tool, resources and medical nutritional solutions designed for your patients who need extra care!

We wish you an inspiring congress and **WE LOOK FORWARD TO WELCOMING YOU** at our symposium and booth!

Healthy regards,

Nestlé Health Science Team

Communication for healthcare professionals only